

"Curriculum Vitae"

Personal information:

Full name: Nawras Azez Sultan Sawafta

Nationality: Palestinian

Address: Bardala, Tubas, Palestine

Age: 24years old

Marital status: Single

Sex: Female

Place of Birth: Nablus-Palestine

Date of Birth: Dec.10th.1999

Mobile: 0568136148

E-mail : nawrassawafta1@gmail.com



Experience:

August.2022 Observational Internship at Neurology Department in Istanbul Medeniyet Göztepe Prof. Dr. Süleyman yalçın City Hospital – Turkey.

Feb, 2021-2023: EEG recording technician at Palestinian Neuroscience Initiative (PNI)

Nov,2020-2023: MINI International Neuropsychiatric Interview trainee at Palestinian Neuroscience Initiative (PNI), Palestine

Education:

2023-2024, Internship doctor, Tubas, Palestine.

2017-2023, Faculty of Medicine, Al-Quds University, Jerusalem, Palestine.

2015-2017, Bardala Secondary Mixed School, Tubas, Palestine.

2010-2015, Bardala Secondary Girls School, Tubas, Palestine.

2005-2010, Bardala Primary Mixed School, Tubas, Palestine.

Research Publications:

1. Anticipated time to seek medical advice for possible lung cancer symptoms and barriers to timely presentation in Palestine: a national cross-sectional study
<https://bmccancer.biomedcentral.com/articles/10.1186/s12885-024-11935-1>
2. Awareness of Palestinians about lung cancer symptoms: a national cross-sectional study
<https://pubmed.ncbi.nlm.nih.gov/35395762/>
3. Awareness of Lung Cancer Risk Factors in Palestine: Current Situation and Future Directions
<https://www.sciencedirect.com/science/article/abs/pii/S1556086422005871>
4. Current situation and future directions of lung cancer risk factor awareness in Palestine: a cross-sectional study
<https://bmjopen.bmj.com/content/13/1/e061110>
5. Myths and Misconceptions Around Lung Cancer Causation in Palestine: Is It Time to Intervene?
<https://pubmed.ncbi.nlm.nih.gov/38085044/>
6. A rare case of multiple high-grade dural arteriovenous fistulas manifesting as progressive confusion and abnormal behavior
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10808930/>

Research studies, not published yet

Alpha and Theta Band Power Alterations on EEG are Linked to Psychological, not Somatic, Symptom Severity in Patients with Major Depressive Disorder.

*Ps: It is published by Palstudent Scientific Research Journal, which is a peer-reviewed open access Journal run by Al-Quds University students under the supervision of the Deanship of Scientific Research at Al-Quds University.

Additional Courses:

Aug.2023-July.2024 Primary Trauma Care, Infection Control, Advanced Cardiac Life Support, Ethics, Professionalism & Communication, Laboratory Courses, Mental Health & Psychiatry, Patient Safety, Sexually Transmitted, & Infectious Disease

Dec.26th.2022 Basic Life Support Course-American Heart Association

Dec.13th.2022 Basics of Machine Learning Course

Oct.31st.2022 Systematic Review

Oct.23rd.2022 Academic Writing and Results Dissemination

Oct.16th.2022 How to Read a Paper and Avoid Plagiarism

Oct.9th.2022 Collection Data and Analysis

Oct.2nd.2022 How to Formulate your Research Question

Sep.25th.2022 Research Methodology

Sep.18th.2022 How to do a Clinical Audit

May.14th.2020 Advanced Life Support course-American Heart Association

May.13th.2020 Bloodborne Pathogens Course

Aug.22nd.2019 Basic Life Support Course-American Heart Association

Conferences:

Oct.27th-28th.2023 Presenter at the 13th Annual Meeting of the MEACR which was held in the Faculty of Medicine Ibn El-Jazzar of Sousse, University of Sousse, Tunisia. of my project about " Anticipated time to seek medical advice for possible lung cancer symptoms and barriers to timely presentation in Palestine: a national cross-sectional study"

May.14th.2023 Presenter at the Fifth Undergraduate Research Conference at Al- Quds University of my project about " Anticipated time to seek medical advice for possible lung cancer symptoms and barriers to timely presentation in Palestine: a national cross-sectional study"

May.11th.2022 Presenter at the Fourth Undergraduate Research Conference at Al- Quds University of my project about " Alpha and Theta, Band Power Alterations on EEG is Linked to Psychological, not Somatic, Symptom Severity in Patients with Major Depressive Disorder "

June.2018 Attendance of International Medical Education Trust- IMET2000

Volunteerism:

2017-2019 2 medical days participation with International Federation of Medical Students Associations (IFMSA) - Palestine

Language:

Arabic (native)
English (intermediate)
German (A2)

Personal and computer skills:

- * Presentation
- * Public speaking
- * Personal and written communication skills
- * Time management and ability to work under pressure
- * Excellent in using Microsoft programs (Word, Excel, and PowerPoint) and Python programming language
- * Good command Statistical analysis (SPSS)
- * Basics of EndNote as a reference manager software

STATE OF PALESTINE

MINISTRY OF HEALTH

Education in Health & Scientific Research Unit

دولة فلسطين

وزارة الصحة

وحدة التعليم الصحي والبحث العلمي



شهادة امتياز

CERTIFICATE OF INTERNSHIP

This is to certify that **Dr. Nawras A. S. Sawafra** graduated from **Al-Quds University/ Palestine** has completed to satisfaction twelve months of internship training in the MOH facilities as follows:

تشهد وزارة الصحة الفلسطينية أن الدكتور/ة نوره سافرا سلطان صوافرة التي تخرجت من جامعة القدس/ فلسطين، قد أنهت مدة التي عشر شهرا من التدريب كطبيبة امتياز في مرافق وزارة الصحة كالاتي:

Subject	From	Duration	To	الفترة الزمنية	الموضوع
General Surgery & Anesthesia		01/10/2023		31/12/2023	الجراحة العامة والتخدير
Internal Medicine		01/05/2024		31/07/2024	الأمراض الداخلية العامة
Pediatrics		01/01/2024		28/02/2024	طب الأطفال
Obstetrics & Gynecology		01/08/2023		30/09/2023	الأمراض النسائية و التوليد
Public Health		01/03/2024		31/03/2024	الصحة العامة
Psychiatry		01/04/2024		30/04/2024	الأمراض النفسية

The Doctor has attended and completed courses in: 1 - Primary Trauma Care 2- Infection Control 3- Advanced Cardiac Life Support 4- Basic Life Support 5- Ethics 6- Professionalism & Communication 7- Patient Safety 8- Sexually Transmitted Infection 9- Advanced Research Methods 10- Laboratory Courses 11 - Mental Health & Psychiatry 12- Infectious Disease.

the certificate has been issued as a notification of this

Abdalla Kawasme, MD, PED

Director of Education in Health & Scientifics Research

education-in-health@moh.ps

162/1865/2024

Aug 13, 2024





نقابة الأطباء مركز القدس

إجازة لمزاولة مهنة الطبابة لعام 2024

بما أن الدكتور/ة: نورس عزيز سلطان صوافطه

قد أتم الشروط المعنية بالمادة رقم 8، من قانون نقابة الأطباء لسنة 1972
وبما أنه دفع الرسوم المترتبة عليه، فيمكن معلوماً أن نقابة الأطباء
قد أجازته وفقاً لأحكام القانون المذكور، أن يزاول مهنة الطب
في فلسطين.

وقد أُدرج اسمه في سجل النقابة تحت رقم 12480 د

تقريب الأطباء

أ. د. نورس عزيز صوافطه

.....



التاريخ

2024-08-27



MEACR



Certificate of Attendance

The Faculty of Medicine "Ibn El Jassar" of Sousse
&
The Middle Eastern Association for Cancer Research
present sincere gratitude and appreciation to

Dr. Nawras Sawafta

For attending the 13th Annual Meeting of the Middle Eastern Association for Cancer Research
that was held in the Faculty of Medicine "Ibn El Jassar" of Sousse, Tunisia, on 27-28 October 2023.



Prof. Hédi Khairi

Dean of the Faculty of Medicine "Ibn El Jassar" of Sousse
University of Sousse
Tunisia

Prof. Ala-Eddin Al-Moustafa

Founder of the Middle Eastern Association for Cancer Research (MEACR)
Professor, College of Medicine, Qatar University, Qatar
Professor, University of Montreal, Canada



جامعة القدس
AL-QUDS UNIVERSITY
Deanship of Scientific Research



Bard

Certificate of Participation

The Deanship of Scientific Research and Al-Quds Bard College for Arts and Sciences at
Al-Quds University are pleased to certify that

Nawras Sawafta

has participated with a research paper at the 5th Palestinian Undergraduate Research Conference,
which was held on May 14th, 2023, at Al-Quds University in Jerusalem, Palestine.

Congratulations on this achievement!

Dr. Elham Kateeb
Dean of Scientific Research

Dr. Daniel Terris
Dean of Al-Quds Bard college for Arts and Sciences



PalStudent Journal
A Palestinian Scientific Journal for the Youth



ABSTRACTS: VOLUME 3, SPECIAL ISSUE

ABSTRACT

Alpha and Theta Band Power Alterations on EEG are Linked to Psychological, but not Somatic, Symptom Severity in Patients with Major Depressive Disorder

Nawras A. Sawafta^{1,2}, Abdul-Rahman S. Sawalma^{1,3}, Mohammad M. Herzallah^{1,4}

¹ *Palestinian Neuroscience Initiative, Al-Quds University, Jerusalem, Palestine.*

² *Faculty of Medicine, Al-Quds University, Jerusalem, Palestine.*

³ *Institute of Neuroscience and Medicine, INM-4, Forschungszentrum Jülich, Jülich, Germany.*

⁴ *Center for Molecular and Behavioral Neuroscience, Rutgers University, Newark, NJ, USA.*

Published in May 2022

Background: Major depressive disorder (MDD) is a serious psychiatric disorder characterized by low mood, loss of pleasure, and other psychological and somatic symptoms. Previous studies show that MDD is associated with changes in alpha and theta oscillations measured by electroencephalography (EEG). Yet, most studies did not differentiate between subsets of MDD symptoms and their relationship to different brain oscillations.

Objectives: To address this question, we grouped MDD symptoms into two main subsets: somatic (e.g., sleep disturbance and fatigue) and psychological symptoms (e.g., low mood and anhedonia).

Methods: We correlated psychological and somatic MDD symptoms to the power of the alpha and theta oscillations measured by EEG from six patients with MDD and 34 healthy individuals using 23-channel VirgoEEG amplifier. We computed a fast Fourier transform of the cleaned EEG

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Correspondence concerning this article should be addressed to the mentioned authors at the mentioned institutes.

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Palestine, Abu Dis, Al-Quds University



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time series to output the power spectrum density (PSD) of various oscillation bands and confined subsequent analysis to the alpha and theta bands.

Results: Our results indicate that there is strong positive correlation ($r > 0.5$) between psychological symptoms with both alpha and theta band power in the MDD group (approaching significance). There were no strong or significant correlations between alpha or theta band power and the MDD symptom subsets in the healthy group.

Conclusion: Our findings shed an important light on brain oscillations affected by MDD symptom type and severity. Future studies will focus on the diagnostic utility of EEG alpha and theta rhythms in MDD.

Research Keywords: Electroencephalography (EEG), alpha oscillation, theta oscillation, major depressive disorder, somatic symptoms, psychological symptoms.

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Correspondence concerning this article should be addressed to the mentioned authors at the mentioned institutes.

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E-mail: research@admin.alquds.edu

Palestine, Abu Dis, Al-Quds University



CERTIFICATE OF COMPLETION

Presented to

Nawras Sawafta

For successfully completing a free online course
Basics of Machine Learning

Provided by
Great Learning Academy
(On December 2022)

IMET2000 PAL

International Medical Education Trust - Palestine

IMET2000 Clinical Research Club

Certificate of Training

This certificate goes to

Name: Nawras Sawafta

Has Successfully Completed Training Course In
"Systematic Review"

31st Oct 2022, Via Webinar

and is awarded this certificate by International Medical
Education Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

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International Medical Education Trust - Palestine

IMET2000 Clinical Research Club

Certificate of Training

This certificate goes to

Name: Nawras Sawafta

Has Successfully Completed Training Course In
"Academic Writing and Results Dissemination"

23th Oct 2022, Via Webinar

and is awarded this certificate by International Medical
Education Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

IMET2000

IMET2000 PAL

International Medical Education Trust - Palestine

IMET2000 Clinical Research Club

Certificate of Training

This certificate goes to

Name: Nawras Sawafta

Has Successfully Completed Training Course In
"How to read a paper and avoid plagiarism"

16th Oct 2022, Via Webinar

and is awarded this certificate by International Medical
Education Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

IMET2000

IMET2000 PAL

International Medical Education Trust - Palestine

IMET2000 Clinical Research Club

Certificate of Training

This certificate goes to

Name: Nawras Sawafta

Has Successfully Completed Training Course In

"Collection Data and Analysis"

9th Oct 2022, Via Webinar

and is awarded this certificate by International Medical
Education Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

IMET2000

IMET2000 PAL

International Medical Education Trust - Palestine

IMET2000 Clinical Research Club

Certificate of Training

This certificate goes to

Name: Nawras Sawafta

Has Successfully Completed Training Course In

"How to Formulate your Research Question"

2nd Oct 2022, Via Webinar

and is awarded this certificate by International Medical
Education Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

IMET2000

IMET2000 PAL

International Medical Education Trust - Palestine

IMET2000 Clinical Research Club

Certificate of Training

This certificate goes to

Name: **Nawras Sawafta**

Has Successfully Completed Training Course In
"Research Methodology"

25th Sep 2022, Via Webinar

and is awarded this certificate by International Medical
Education Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

IMET2000

IMET2000 PAL

International Medical Education Trust - Palestine

IMET2000 CLINICAL RESEARCH CLUB

Certificate of Training

THIS CERTIFICATE GOES TO

Name: **Nawras Sawafta**

Has Successfully Completed Training Course In
"How to do a clinical audit"

18th Sep 2022, Via Webinar

and is awarded this certificate by International Medical Education
Trust 2000-Palestine

Dr. Malik Zaben
CEO, IMET2000

IMET2000

CERTIFICATE OF COMPLETION

Document No:078

Nawras Sawafta

has completed the internship as an observer in İstanbul Medeniyet University Göztepe Prof. Dr. Süleyman Yalçın City Hospital on the dates of 01-27 August 2022 at Neurology Department. We wish her success in her future endeavors.

Prof. Dr. Orhan Alimoğlu
PRESIDENT OF MASAM



جامعة القدس
AL-QUDS UNIVERSITY
Deanship of Scientific Research




Bard


Certificate of Participation

The Deanship of Scientific Research and Al-Quds Bard College for Arts and Sciences at Al-Quds University are glad to certify that

Nawras Sawaftah

has presented a scientific research paper at the 4th Palestinian Undergraduate Research Conference which was held on May 11th, 2022 at Al-Quds University, Jerusalem - Palestine


Dr. Elham Kateeb
Dean of Scientific Research


Dr. Daniel Terris
Dean of Al-Quds Bard college for Arts and Sciences



NHCPs, LLC
1810 E. Sahara Ave.
Suite 1507
Las Vegas, NV 89104
Phone: (888) 688-3545

RECEIPT

Nawras Sawafta
62451
Palestinian Territory

Order Number: 5422464
Order Date: May 14, 2020
Payment Method:

Product	Quantity	Price
ACLS Certification SKU: ACLSCERT	1	\$129.00
Subtotal		\$129.00
Discount		-\$129.00
Shipping		Go Green: Digital Card Only
Save a Life Initiative Donation - No Thanks		\$0.00
Total		\$0.00

Coupons used: benedicta

Thank you for certifying with NHCPs.com



NHCS, LLC
1810 E. Sahara Ave.
Suite 1507
Las Vegas, NV 89104
Phone: (888) 688-3545

RECEIPT

Nawras Sawafta
62451
Palestinian Territory

Order Number: 5400237
Order Date: May 13, 2020
Payment Method:

Product	Quantity	Price
Bloodborne Pathogens Certification SKU: BBPCERT	1	\$85.00
Subtotal		\$85.00
Discount		-\$85.00
Save a Life Initiative Donation - No Thanks		\$0.00
Total		\$0.00

Coupons used: benedicta

Thank you for certifying with NHCS.com

BASIC LIFE SUPPORT

BLS Provider



American Heart Association.

Nawras Azeez Sultan Sawafta

The above individual has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program.

Date Completed
22 Aug 2019

Expiration Date
Aug 2021

eCard Code
D55AA2A10A02



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BASIC LIFE SUPPORT

BLS Provider



American Heart Association.

Nawras Sultan Sawafta

has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program.

Issue Date
26 Dec 2022

Renew By
Dec 2024

Training Center Name
AAUP Heart Center

Instructor Name
Salah Haj Taher

Training Center ID
ZZ21204

Instructor ID
1807000509

Training Center City, Country
Jenin, North West Bank, Palestine

eCard Code
235603772627

Training Site Name



To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to <https://ecards.heart.org/international>.
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